

## Gold – Discussion Questions

1. Discuss the opening scene where Kate and baby Sophie watch Zoe win gold at the 2004 Olympics. What does this reveal about Kate as a wife, mother, and athlete?
2. Sophie loves Star Wars and wants to play 'tough' games. What attracts her to these stories, and what do they help her express?
3. Tom predicts that Zoe will stay afloat in the sport while Kate will struggle under the weight of real life. How accurate is he?
4. Compare Kate, Zoe, and Jack's athletic strengths to their personalities. How do these traits help them off the track?
5. Compare how Zoe and Kate handle fame. How does the press treat each of them, and how do they respond differently?
6. Discuss Zoe and Kate's competition for Jack's attention. Why does Zoe pursue Jack in the hospital? Were you surprised?
7. If you were Kate, would you forgive Jack for his affair with Zoe? Could you raise Sophie knowing the truth?
8. Zoe fears ordinary days more than race days. What does this reveal about her ability to live a balanced life?
9. Discuss the impact of Adam's death on Zoe. How has she punished herself, and how does she finally begin to heal?
10. Jack gives Kate the chance to race without knowing Sophie is hospitalized. Did you agree with his decision?
11. Zoe waits for Kate after Kate crashes on the track. Why is this moment significant for Zoe's character?
12. Zoe becomes Sophie's coach at the end. What kind of coach do you imagine she will be?
13. Gold means something different to each character. What does it symbolize for Zoe, Kate, Jack, and Tom?